

### Dads & Kids Groups

Dads & Kids Group is a free, interactive social time for dads to meet with their child(ren) in a well-equipped playroom. Dads can receive informational handouts, access to free children's books, and participate in informal discussions on fatherhood while spending quality play time with their children. The group is available to any dad and their children, ages infant to five years. No registration is necessary, just drop in as your schedule allows.



**Contact:** 920-739-4226 ext. 127

### “Just For You” Young Parent Group

An evening “Just For You” with other teen parents, ages 15-21. Dinner is provided for you and your baby, followed by child care and an activity with other teen parents. Group topics are discussed and the “Baby Closet” is open for shopping.

**Contact:** 920-739-4226 ext. 111

### Other Services from Parent Connection

A series of Family Wellness Workshops and Family Fun Events are available for all families in the Fox Valley and Oshkosh areas. For more information, call 920-739-4226 ext. 108 or visit [www.familyservicesnew.org/parent-connection](http://www.familyservicesnew.org/parent-connection).

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*Programs for Teen Parents  
in the Fox Valley and Oshkosh*





## Program Overview

Parent Connection is a parent education and support program designed to **Encourage, Strengthen and Support Families**. The program offers a variety of services, each designed to ease the transition into parenthood and make parenting less stressful and more enjoyable.

A number of these services are offered exclusively to **teen parents and their babies**, in both in-home and group-based settings throughout the Fox Valley and Oshkosh. Service offerings for teen parents include:

## Parents as Teachers™ for Teen Parents

In the first few years, children learn more, at a faster pace than at any other time in life. You can help shape your child's future through the kinds of experiences you provide. Your baby was born to learn, and as a parent, you are your child's first and most important teacher.

The good news is you're not alone! By participating in Parent Connection's Parents as Teachers™ program, you will receive the most up-to-date information on:

- ◆ Parenting and child development
- ◆ Health and nutrition for your baby
- ◆ Fun, learning activities to do with your baby both at home and in a group setting
- ◆ Developmental screenings to make sure your baby is learning and developing on target
- ◆ Connection to community resources as needed

Parents as Teachers™ is a free, early learning program for teen parents and their babies, prenatal to age 3, residing in Outagamie or Winnebago County. Our trained Family Support Specialists will set up voluntary visits with you and your baby, offering support and useful tips to help give your baby the best start possible.

**Contact:** 920-739-4226 ext. 111

## Teen Parent Mentoring Program

Teen Parent Mentoring is a free program that matches any pregnant or parenting teen, ages 13-21, with an adult, female mentor. Our mentors believe that teen parents (and their babies) deserve a better chance. Mentors provide friendship, education, and experiences to support teen parents as they face their future. They serve as supportive, caring role models, focusing on:

- ◆ Health care for the mother and her baby
- ◆ Educational and employment goals
- ◆ Child development and parenting
- ◆ Community services
- ◆ Family planning

### What do mentors do?

- ◆ Spend time each week with the mother and her child.
- ◆ Provide guidance to community resources and services available to the family.
- ◆ Help the mother with independent living, continuing education, and employment goals.
- ◆ HAVE FUN with the mom and baby.

### Who can participate?

Any pregnant or parenting mom, ages 13-21, who would like extra support and friendship from a caring adult. Participants must reside within Outagamie, Winnebago, or Calumet County.

**Contact:** 920-739-4226 ext. 153

## Fatherhood Programs

The Fatherhood Programs of Parent Connection are specifically designed with needs of men in mind, as they become fathers. An interactive approach is used to enhance the fathering experience. Classes for expectant dads on baby care basics are offered as well as on-going groups for dads and their children, ages birth to five.

### Baby Basics Classes

Baby Basics is a free, three-hour class for new and expectant fathers to discuss and practice the skills needed to nurture and care for their babies.

Based on the Conscious Fathering™ curriculum, the program provides hands-on training in a comfortable setting using life-size dolls. Participants learn how to handle, feed, burp, change, clean and calm their newborn infant. Discussions include what to expect in upcoming months and how to enhance dad's relationship with the baby's mother.

To register, call ThedaCare at 920-830-6877 or Affinity at 920-738-2230. You may also register online at [www.thedacare.org/classes](http://www.thedacare.org/classes) or [www.affinityhealth.org](http://www.affinityhealth.org) (choose 'Services', then 'Classes & Events')

**Contact:** 920-739-4226 ext. 127

