Educational Lessons Available

Cost: Free
Eligibility: Children 3+
Location: Willow Tree (Brown County)
Contact: Chelsey at (920) 436-4360 ext. 3003
For Oconto, Marinette, Door County requests, please contact Sexual Assault Center directly, at (920) 436-8899, to speak with that County Coordinator.

Our evidence-based prevention programs are part of Green Bay Area Public School District’s core curriculum for grades Kindergarten—5th grade. Our Child Abuse Prevention Specialist also goes into local surrounding schools or receives community partner referrals for individual prevention educational lessons. The various programs options, aim to empower children with knowledge and skills that help protect them from various types of child abuse. Our specialist is also available for consultation about age appropriate preventative lessons or resources with families, schools, businesses, community professionals, and other organizations upon request.

Skills taught to children include:

- Spotting for red flag behavior or tricks
- Recognizing various types of abuse
- Practice using an assertive voice
- Using a 3 part safety rule when they feel unsafe or when someone is causing harm
- Identifying characteristics of safe adults they can get support from
- Encouraging them to be an upstander by involving a safe adult when they hear or see safety problems happening
- Learning refusal skills for internet-based red flags (inappropriate pictures/online tricks)

Knowledge provided in curriculum includes:

- Teaching the differences between good and bad secrets
- Explaining safety rules with privacy and anybody’s private body parts
- Differentiating 3 types of touches (safe, unsafe, confusing)
- Providing visual examples of safety problems
- Recognizing 3 reasons that safety problems are done on purpose (tricks, secrets, force)
- Reducing shame for those receiving the intended harm

Additional Resources for Parents or Caregivers
Prevention education aims to empower parents in reducing shame associated with safety-based conversations. Experts also emphasize the importance of ongoing conversations that reinforce the safety skills and knowledge. Our specialist serves as a resource for caregivers at various levels of child ability and knowledge by linking them to developmentally appropriate options.

Please see back side for a list of recommended online resources
Online Resources

**Protect Young Eyes**
- Resource hub for staying up to date on digital/social media trends, safer technology recommendations, & parental controls.

**Defend Young Minds**
- Resource hub for best-selling books, curriculum, guides and newsletters to help children build pornography resistance and internet safety skills.

**Amaze**
- Resource hub of videos to assist guardians, educators and health care providers around the globe—to communicate effectively and honestly about personal safety, healthy relationships, and sexual health based on their age.

**Fight Child Abuse**
- Videos for children 4+ about what to do when confronted with abusive behavior such as safe and unsafe touches and other physical and emotional abuse.

**Common Sense Media**
- Provides information, education, and reviews of books, movies, TV shows, games, podcasts, apps, or YouTube channels based on age and content.

**Internet Matters**
- Helpful resources organized by age and topic, to empower families to discuss topics of pornography, sexual exploitation, sexting, self-harm, screen time, privacy, and online reputations.

**The Mama Bear Effect**
- Resources to help families and organizations consider tangible proactive steps to reduce the risk/opportunity of sexual abuse happening between a child and someone they know.

**Kid Smartz & Net Smartz**
- NCMEC offers a cyber tip line plus options for youth and adults to remove or reduce spread of nudes online. This leader in internet safety/trends also provides e-book downloads, interactive lessons, and videos to expand internet safety skills in children.