

Parent Connection

Family Services The Family Times

Summer 2020 Newsletter Encourage, Strengthen and Support Families



What Is Positive Parenting and How Does Parent Connection Support and Teach It in the Community?

To support and teach Positive Parenting means we advocate for and offer programs to: strengthen caregivers' nurturing skills; promote effective communication with children and the use of non-punitive discipline techniques; teach caregivers to recognize a child's strengths and reward positive behaviors; accommodate appropriately for the developmental and unique needs of children as they grow and test their autonomy; teach caregivers to lead and guide children with clear expectations and rules toward full development; and show respect for a child's feelings while still setting appropriate boundaries for safety and security.

Positive Parenting is:

- Guiding
- Leading
- Teaching
- Caring
- **Empowering**
- **Nurturing**

- Consistent
- Always Non-violent
- Fostering Regular Open Communication
- Affectionate
- Building a Child's Emotional Security
- **Showing Emotional Warmth**

- Sharing Unconditional Love
- Appropriate to Child's Development & Unique Needs
- Rewarding Positive Accomplishments & Behaviors
- Setting Clear, Safe Expectations & Boundaries
- Showing Empathy & Understanding for Child's Feelings
- Provided in the Child's Best Interest.

Positive parenting or caregiving is not punitive or permissive, and can be trying and challenging work (especially, when it was not how you were raised). However, when adopted and accepted, it can make parenting more joyful and your efforts more effective. It is evidence-based and can provide many, wonderful, long-term developmental outcomes. Plus, Parent Connection is here to help you develop and maintain positive parenting and caregiving skills for your family's benefit and the benefit of all families in our community.

Interested in Volunteering? Oshkosh: VolunteerOshkosh.org Fox Cities: Contact Jen DiMatteo jdimatteo@familyservicesnew.org (920) 739-4226 ext. 109



Questions About Programs? Fox Cities: (920) 739-4226 **Oshkosh:** (920) 233-6630 Shawano: (715) 853-0923 Check us out on-line: www.familyservicesnew.org/parent-connection

Parent Connection is a parent education and support program designed to Encourage, Strengthen & Support families in the Fox Valley, Oshkosh & Shawano areas. 1810 Appleton Road, Menasha, WI 54952 (920) 739-4226 | 36 Broad Street, Suite 150, Oshkosh, WI 54901 (920) 233-6630 | 100 County Road B, Shawano, WI 54166 (715) 853-0923

PARENT CONNECTION PROGRAMS

Visit www.familyservicesnew.org/family-fun to register for our open events online! Call (920) 739-4226 ext. 109 to register for our Groups.

Most in our communities have not faced a pandemic in our lifetime. The uncertainty is felt by each of us.

Whether we are affected economically, socially, or in any other way...

... Each of us do our best with the supports we need and by focusing on what we can control.

Let Parent Connection be a support for your family.



Looking for resources in our communities?

Check out The Parent Outlet Resource Guide Online: theparentoutlet.com

United Way Fox Cities: unitedwayfoxcities.org givehelpgethelpfoxcities.org

Oshkosh Area United Way: oshkoshunitedway.org

United Way of Shawano County: www.shawanocountyunitedway.org

Dial 2-1-1 for Local Resources. Information & Referrals

Parent Connection **Programs Connect with** Families & the Community!





From in-person home visits to virtual ones, we can help you staying connected

Parents as Teachers Home Visiting:

This FREE early learning program is designed for parents and their babies residing in Outagamie, Winnebago & parts of Calumet County. Family Support Specialists trained in early childhood & brain development conduct home visits from the child's birth to the age of three.

*Parenting information *Child development information *Constructive play ideas *Developmental screenings *Connection to community resources

While practicing safety, our professional staff continue to meet the needs of the children and families they serve through virtual visits & more.



Family Play Groups



Let's Play Together Family Play Group - Appleton

Will resume when it is safe to gather This group is open to parents and children 5 & under; gives parents a chance to meet other parents, enjoy a meal, crafts & activities with their children.

Free, but prior registration is required.

Locations vary Please confirm when registering



Just for You Young Parent Group - Neenah

Groups are Online through Private Facebook Events until it is safe to gather This group allows parents 21 & younger to connect, help support each other in parenting, education & socially while engaging in fun crafts and activities with their kids.

Free, but prior registration is required. **Locations vary** Please confirm when registering

"Going to the Just for You group helps me find new activities for my daughter and I, and I really feel like our relationship is benefitting from it. Not just that, but her mental development as well. I appreciate the tips and activities."

- from a 'Just for You' member

PARENT EDUCATION WORKSHOPS

Visit www.familyservicesnew.org/parenting-classes to register for our workshops on-line!

Clicking on the Class Date will link you to the Registration Page.

Cancellation Line: Call (920) 739-4226 Ext. 154 to check on workshop cancellations.

* Autism 1.0 for Parents *

Thursday, June 4 Free

Do you want to learn more about Autism?
Want to learn how to be an advocate for your child & tap into community resources?
Join us for a discussion on what autism is.

Join us for a discussion on what autism is, what it is not, dealing with behaviors in a positive way, common characteristics of those with autism, helping your child, resources & help for parents.

Bring your questions to Diane Nackers from Autism Society of the Fox Valley.

* Raising Girls *

Tuesdays, June 9 & 16 Cost \$5

For parents of girls 3-13

This two-night workshop will help parents learn hints & tips to assist in the raising of their daughters. The first step is understanding what they are dealing with as they progress on their journey of growing up. Whether she is still playing with dolls, or on her way to tween/teen years, all attendees will take away something to help the harmony in their home. We will discuss the nuances of girl friendships, self-esteem, body issues & how to help her establish her individual identity.

* Developmental Milestones *

Thursday, June 25 Cost \$5

For parents of children 0-3

Parents will learn about developmental milestones for their children, why it's important to recognize key ages & stages, what to do if you have concerns about your child's development and how to help make your child flourish.

* 1-2-3 Magic *

Tuesdays, July 9 & 16 Cost \$5

For parents of children 3-12

A two-week video-based behavior management workshop. We will discuss positive discipline, praise & reinforcement. How to stop the behavior you don't want. How to start the behavior you do want.

Avoid the talk-persuade-argue-yell-cycle. How

to deal with testing & manipulation.

Parent Education Workshops:

We are taking
Parent Education Classes
from the classroom to the camera!



Offered on-line until it is safe to gather; we will offer in-person depending on restrictions.

Visit our Website & Facebook pages for the most current Parent Education Workshops & Events:

www.familyservicesnew/org/parenting-classes www.facebook.com/ParentConnectionWI/ Events

Questions about Workshops?

Contact: Jen DiMatteo (920) 739-4226 ext. 109 jdimatteo@familyservicesnew.org

Scholarships are available to families with need. Internet access is needed for on-line classes. Free child care available at most in-person workshops. Limited spots, register early! We reserve the right to cancel workshops with low enrollment.

Any cancelled workshop will have fees refunded.

* Baby Basics for New & Expectant Dads *

Monday, July 20 Free

This FREE class will teach you what to expect in upcoming months with your new baby; changing, cleaning & calming your newborn infant and how to enhance your baby's future.

* Active Parenting of Teens

Tuesdays, July 21 & 28 Cost \$5

For parents of preteens & teens

This two-night workshop is for parents experiencing the changes of teenage development and to help prepare teens & preteens to survive & thrive in society. We will discuss teens today, drugs, sex, styles of parenting, control versus influence, mutual respect and more.

* Love & Logic * Tuesdays, August 4, 11 & 18 Cost \$10

For parents of children 0-6

Join us for this interactive three-week videobased series that puts parents in control, teaches children to be responsible and prepares them for the real world. Effective consequences, choices & communication are the cornerstones for this workshop.

MORE PARENT EDUCATION CLASSES MAY BE OFFERED THIS SUMMER!

Like us on Facebook & Subscribe to the Parent Connection updates through e-mail for the latest information!

"The workshops have been great and changed the way I have parented my children. I cannot thank you and the staff enough for your efforts and just wish I would have gotten this education 20 years ago when I first became a parent."

from a parent who has attended multiple workshops



Parent Connection is a program of Family Services of Northeast Wisconsin, Inc.

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Age-by-Age and Stage-by-Stage



Pre-Natal/Infant

Teen Mom Mentoring Program Just for You Young Parents Group Home Visitation (Ages 0-3) Baby Basics for Dads

Infant/Toddler

Baby Basics for Dads Just for You Young Parents Group Home Visitation (Ages 0-3) Let's Play Together Group (Ages 0-5) Love and Logic (Ages 0-6) Positive Solutions (Age 0-6) Managing Meltdowns (Ages 1-5)

Pre-School/School Age

Positive Solutions (up to Age 6) 1-2-3 Magic (up to Age 12) TIPS (up to Age 12) Raising Boys (up to Age 13) Raising Girls (up to Age 13) Love and Logic (up to Age 13) Siblings without Rivalry

Pre-Teen/Teen

Raising Boys (up to Age 13)
Raising Girls (up to Age 13)
Siblings without Rivalry
Active Parenting of Teens (Ages 12-18)

Co-Parenting

Two Homes No Battles Baby Basics for Dads Let's Play Together Group (Ages 0-5) ...just to name a few

This is not a complete listing of what Parent Connection offers.

Sign-up for our Weekly E-Mail Updates & Newsletters released three times a year.

Like us on Facebook!



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