



Are You Ready For Summer?

School will be out soon and as parents we know that we will hear the dreaded words, "I'm bored" coming from our kids! Let's get creative and have a plan before we hear those words. The "I'm Bored Jar" is the perfect, easy to make solution. Some of the ideas will get your kids moving—whether it be on a nature hunt or creating an obstacle course; others will make your child think a bit more. They might have to come up with an idea to let another person know they care, or think of a way to help around the house. Either way, you will have a plan and your kids will have something to do. Now that's a win-win!

Instructions:

- Find a canning jar or recycle another jar you've emptied and washed.
- Grab some popsicle sticks at a local store.
- Paint the sticks or use decorative, colored tape on the ends.
- Write your "I'm Bored" ideas on the sticks.
- Wrap a ribbon around the jar, or use stickers or other embellishments to decorate it. (Optional)
- Chat with your kids about the jar and what it is used for.
- Be ready to refer your kids to the "I'm Bored Jar" every time you hear those words.

You Got This!



FAMILY WELLNESS WORKSHOPS

Visit www.thedacare.org and click on "Classes" to register for workshops online!

Fox Cities

Siblings Without Rivalry

For parents with children 3-16

This two-night workshop will cover practical tools parents need to cope with conflict, encourage cooperation, reduce competition, and make it possible for children to experience the joys of having a sibling.

Thursdays, June 20 and 27

Please plan to attend both nights.

6:00 p.m. — 8:00 p.m.

First English Lutheran Church
326 East North Street, Appleton
Cost: \$5.00/person

Two Homes, No Battles

For separated-divorced parents

A one-night workshop designed for divorcing, separating, custodial, and non-custodial parents and family members who are co-parenting their children. Divorce will be a time of transition, but need not devastate a family. Come learn what parents can do to make the transition less traumatic.

Thursday, July 11

5:45 p.m. — 8:00 p.m.

First English Lutheran Church
326 East North Street, Appleton
Cost: \$5.00/person

Baby Basics

For new & expectant Dads

Learn about handling, feeding, burping, changing, cleaning & calming a newborn infant; what to expect in the upcoming months; and how fathers are critical to enhancing their child's future.

Monday, July 15

6:00 p.m. — 9:00 p.m.

Family Services, Building #5
1810 Appleton Road, Menasha
Cost: Free

Questions about Workshops?

CONTACT LORI

920-739-4226, EXT. 127

LCASEY@FAMILYSERVICESNEW.ORG

-Scholarships are available to families in need.

-Free childcare available at most workshops. Limited spots, register early! First come, first serve.

-We reserve the right to cancel workshops with low enrollment.

-Any workshop fees will be refunded.

1-2-3 Magic

For parents of children 3-12

Two-week video-based behavior management workshop. Learn how to stop behavior you don't want and start the behavior you do want, as well as how to deal with testing and manipulation.

Tuesdays, August 6 and 13

Please plan to attend both nights.

6:00 p.m. — 8:00 p.m.

Prince of Peace Lutheran Church
2330 E. Calumet Street, Appleton
Cost: \$5.00/person

Oshkosh

1-2-3 Magic

For parents of children 3-12

Two-week video-based behavior management workshop. Learn how to stop behavior you don't want and start the behavior you do want, as well as how to deal with testing and manipulation.

Tuesdays, June 18 and 25

Please plan to attend both nights.

6:00 p.m. — 8:00 p.m.

Hooper Community Building
36 Broad Street, Oshkosh
Cost: \$5.00/person

Positive Solutions for Families

For parents of children up to age 6

This four-week series will help parents learn tips to understand problem behaviors and ways to encourage appropriate behavior.

Tuesdays, July 9, 16, 23, 30

Please plan to attend all 4 nights.

6:00 p.m. — 8:00 p.m.

Hooper Community Building
36 Broad Street, Oshkosh
Cost: \$10.00/person

Let's Play Together!

FREE Parenting group for families with children 0-6

Meet other parents, enjoy free pizza and participate in fun activities!

Thursdays @ Palisades Park

June 13

July 11

August 8

**2525 Theresa Avenue,
Appleton**

5:30 p.m. to 7:00 p.m.

Attend one, two or all three

*Pre-registration by noon on the day of each event helps us plan for food and activities.

CONTACT LORI IN MENASHA

920-739-4226, EXT. 127

LCASEY@FAMILYSERVICESNEW.ORG

Just For You: Young Parent Group
A fun and FREE parenting group for
any young parents age 15-21

Connect with other teens and young adults who are raising children. Enjoy a complimentary meal and fun activity.

First Presbyterian Church

200 Church Avenue, Neenah

Mondays, June 17, July 15, August 19

Call Jen at 920-739-4226, ext. 109 with any questions or to find out more!



Thank you to all who attended our 31st Annual Young Parent Conference



Thank you to everyone who attended our 31st Annual Young Parent Conference held at Fox Valley Technical College on Friday, May 3, 2019.

The conference continues to be an incredible success year after year!

We are so grateful to all of our partners who make this possible, especially the support provided by the Bright Idea Spark Grant through the Community Foundation and a grant from Prospera Credit Union. If you want more information about this annual event, contact Jen at 920-739-4226, ext. 109.

We are so pleased with the event and everyone who turned out to support young parents.

Attendees learned about numerous community resources and attended a host of workshops over the course of the day. Workshop topics included safe sleep, healthy play, paternity, positive parenting, healthy relationships, child care resources, budgeting, housing, importance of fathers, time management, mental health, and much more.



BRIGHT IDEA FUND





Family Services of Northeast Wisconsin, Inc.
1810 Appleton Road, Menasha, WI 54952

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Parent Connection is a program of Family Services of Northeast Wisconsin, Inc.
Visit us at www.familyservicesnew.org/parent-connection and



Helping Families Fly!

11th Annual
Fox Cities Butterfly Festival
Saturday, June 15, 2019



Kiwanis
APPLETON-FOX CITIES

9:00 a.m. — Noon City Park, Downtown Appleton

Admission to the event is FREE. The Butterfly Release is optional, and requires registration and online purchase in advance. Registration closes June 1, 2019. Register today!

<https://foxcitiesbutterflyfestival.com/>

Save the Dates!

Autumn Adventure

Join us for our annual "Autumn Adventure" events in both Appleton and Oshkosh. Both are free and include a picnic dinner. Each event features games, crafts and activities for kids age 10 and younger.

Thursday

September 12, 2019
5:00 p.m. — 7:00 p.m.
Pierce Park, Appleton

Thursday

September 19, 2019
5:00 p.m. — 7:00 p.m.
South Park, Oshkosh

Questions?
Contact Lori at 920-739-
4226, ext. 127 or
lcasey@familyservicesnew.org

To register: Go to www.thedacare.org and click on "Classes."