



prenatal care coordination

Family Services

Supporting all people through
life's challenges and transitions.

*~ Are you a pregnant or parenting youth?
~ Could you use some help?*



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Family Services

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A United Way Member Agency

Family Services has a program that can help you. It's called Prenatal Care Coordination, or PCC.

What is PCC?

The **Prenatal Care Coordination** program helps pregnant youth (and their families, when appropriate) gain access to medical, educational, vocational, and other services related to their pregnancy.

What can PCC do for me?

Services are available to all youth throughout their pregnancy and continuing for up to 60 days after the baby is born. PCC can:

- ◆ Help you find a doctor
- ◆ Help find ways to pay your doctor bills
- ◆ Locate and help you enroll in lamaze classes
- ◆ Help you with transportation
- ◆ Teach you how to take care of your baby
- ◆ Show you how to earn items for you and your baby through the program



- ◆ Get all other services you may need during your pregnancy



How does the program work?

Through a personal interview with a PCC staff member, a program assessment is completed. An assigned care coordinator will then work with you to develop a plan, designed to help you take the best possible care of your baby - before and after your baby is born.

PCC staff will also provide information about other community resources that may be available to you.

Who can participate?

Any pregnant youth can participate in PCC.

What will it cost?

Nothing. All services are provided **free of charge**.

Are the services confidential?

Yes, services are **strictly confidential**.

A Healthy Baby and a Healthy Mom Start With You!

Call (920) 436-4416 x 102