Other Services

Healthy Families also provides classes and groups designed just for dads.

Conscious Parenting is a free, 1-1/2 hour class for new and expectant parents to discuss and practice the skills needed to nurture and care for your baby. Classes are available in both English and Spanish.

Defining Dads is a monthly group that provides a safe place for men to talk with other dads, listen and learn about what it takes to be the best dad you can be. Children are encouraged to attend to enjoy playtime with other kids.

Sessions are held at 1822 Riverside Drive in Green Bay and open to all. Call 920-436-4416 ext. 110 for more information.

Giving Babies the Best Start Possible
Brown and Door County, Wisconsin

Healthy Families is funded by:
- Brown County United Way and the Community Partnership for Children
- United Way of Door County
- Brown County Human Services
- Door County Human Services
- Wisconsin Department of Children & Families
- Private Donations
What is Healthy Families?

Healthy Families is a nationally accredited home visitation program designed to assist families and their newborn babies, from birth up to the age of five.

All Healthy Families services are free and voluntary, with a primary purpose of providing guidance and support to parents to get babies off to the best start possible.

What Services Are Provided?

- **Home Visitation**
  Parenting is both rewarding and challenging. You may experience feelings of anticipation and excitement, but you may also feel anxiety, worry, and isolation. It may be difficult to keep things running smoothly while devoting attention to your baby, especially if friends and family aren’t available during stressful times.

  Our Family Support Workers provide support and encouragement to new parents by recognizing their strengths and sharing information during regularly scheduled home visits.

  Topics of discussion may include:
  - How babies grow and develop
  - How to keep your baby safe and healthy
  - Positive parenting skills and early childhood play activities
  - Healthy ways to relieve stresses of parenting and cope with other life situations
  - Setting education and employment goals
  - Connections to community resources, as needed, and assistance with obtaining basic supplies for your baby

- **Family Fun Activities and Outings**
  Healthy Families hosts several activities and outings for the whole family throughout the year, as funding allows. This is a chance to have fun together and meet and socialize with other families.

Who is Eligible?

First-time parents in Brown or Door County are eligible to enroll in Healthy Families during pregnancy or until the baby reaches three months of age.

Families are referred through hospital visits and other community agencies; families can also self-refer.

How do I Get Started?

The first step is to meet with a Family Resource Specialist who will discuss the program, talk with you about your needs and goals, and how we can best support you and your family.

If you choose to participate, your family will receive weekly home visits for the first year. After that, frequency of visits decreases progressively as your family moves through the program.

Healthy Families is committed to supporting families as long as they feel a need for the program. We are able to provide services to enrolled families for up to five years, or when the child enters a school program such as 4K or Head Start.

Let us help you ensure the best possible start for your baby! For more information, call us at:

- **Brown County**: (920) 436-4416 ext. 124
- **Door County**: (920) 746-9040

The Healthy Families program is accredited by: