



## Other Healthy Families Services

**Home Visitation:** Healthy Families is a program designed to assist families and their newborn babies. Home visitation services are voluntary and provide one-on-one guidance and support to parents to get babies off to the best start possible.

**Welcome Baby Visits:** Our Family Resource Specialists meet with all new and expectant parents in Brown County, giving them the opportunity to receive educational materials related to their child's development and get connected to a wide variety of community resources. Services are provided in collaboration with the Community Partnership for Children, a Brown County United Way initiative.

For more information, call **920-436-4416 ext. 111** or visit our web site at **[www.familyservicesnew.org/healthy-families](http://www.familyservicesnew.org/healthy-families)**.

## Conscious Parenting & Defining Dads

*~ Free programs for parents in the Green Bay area*



## Conscious Parenting

Conscious Parenting is a free, 1-1/2 hour class for new and expectant parents to discuss and practice the skills needed to nurture and care for your baby.

Based on the Conscious Fathering™ curriculum, the program provides hands-on training in a comfortable setting using life-size dolls. Participants learn how to handle, feed, burp, change, clean and calm their newborn infant. Discussion also includes what to expect in upcoming months.

### Date/Time:

- ◆ 2nd Tuesday of each month, 1:00 - 2:30 pm
- ◆ 4th Tuesday of each month, 5:30 - 7:00 pm

*(No evening sessions are held during Thanksgiving and Christmas holidays.)*

### Location:

Healthy Families,  
Green Bay\*

### Registration:

Contact Terry at  
920-436-4416  
ext. 110 or  
[twolfgram@family-servicesnew.org](mailto:twolfgram@family-servicesnew.org).

Conscious Parenting classes are also available in Spanish. Contact us for more information.

## Defining Dads

Dads can have challenges as they figure out their parental roles. Defining Dads provides a safe place for you to talk with other dads, listen and learn about what it takes to be the best dad you can be. Bring your children along for playtime with other kids.



### Date/Time:

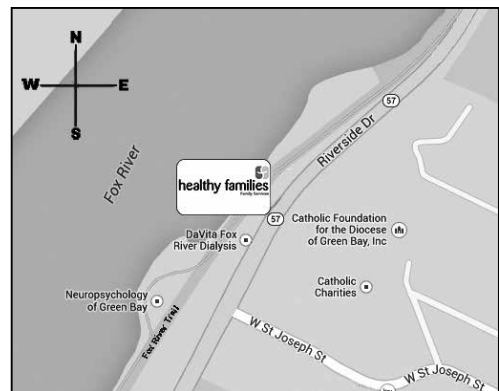
- ◆ 3rd Wednesday of each month, 5:30 - 7:00 pm

### Location:

Healthy Families, Green Bay\*

### Registration:

This is a drop-in group. No registration is required.



\*Healthy Families is located at 1822 Riverside Drive in Allouez, between East Mason St on the north and Highway 172 on the south.

**For more information, call Healthy Families at 920-436-4416 ext. 151.**