

## Who Can Benefit from Day Treatment?

- ♦ Children and adolescents who have difficulty relating to others, problems at school, severe acting out behaviors, or difficulties with emotional problems such as depression.
- ♦ Youth who require a more intensive and structured therapeutic environment than can be provided by outpatient treatment.
- ♦ Individuals who are completing inpatient care and require a supportive environment to assist in the transition back to the home.



## Agency Accreditations

- ♦ State of Wisconsin AODA Outpatient and Mental Health Outpatient
- ♦ Council on Accreditation of Services for Families and Children
- ♦ State of Wisconsin Certified for Residential, Day Treatment, and Crisis Intervention



Supporting all people through  
life's challenges and transitions.



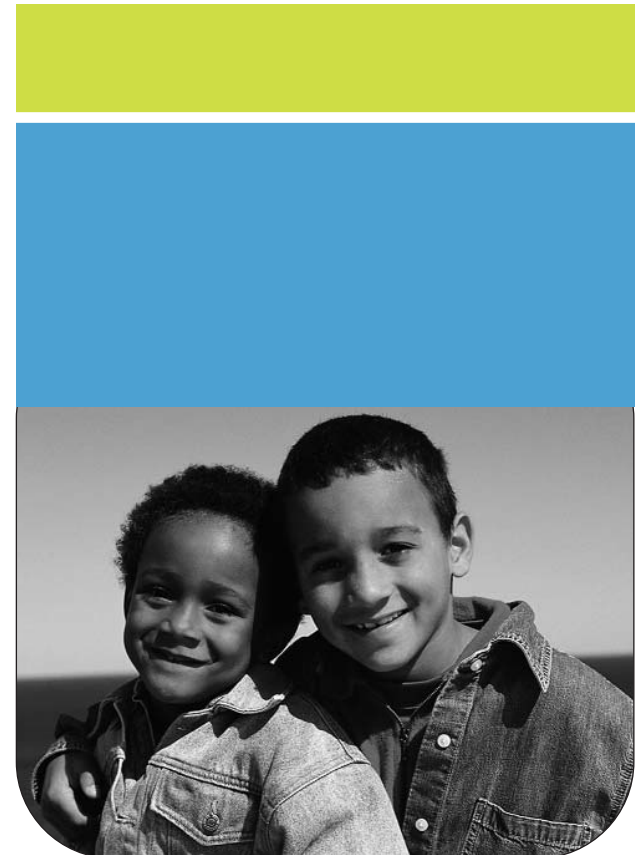
626 S Irwin Ave, Green Bay, WI 54301 (920) 433-3372 ext. 119  
P.O. Box 22308, Green Bay, WI 54305-2308

Family Services of Northeast Wisconsin, Inc.  
(920) 436-6800 (800) 998-9609  
[www.familyservicesnew.org](http://www.familyservicesnew.org)



day treatment  
Family Services

~ Serving the Green Bay area





## What is Day Treatment?

Our Day Treatment staff provides intensive counseling services to children and adolescents with severe behavioral and emotional problems. Our team includes:

- ◆ A consulting Child Psychiatrist who oversees treatment and provides evaluations
- ◆ A consulting Psychologist
- ◆ Social Workers
- ◆ Clinical Therapists
- ◆ A Registered Nurse
- ◆ An Expressive/Recreational Counselor

Youth and their parents work with a case manager to develop treatment goals and plans for discharge and aftercare.

Case reviews are also held with the family and school staff to ensure communication and to develop a plan for the youth's transition back to school.

*Day Treatment strives to help children and adolescents meet their untapped potential.*

## Goals of the Day Treatment Program

- ◆ Support parents and assist them to become confident with their parenting techniques.
- ◆ Encourage youth to manage feelings such as anger and sadness.
- ◆ Increase youth's self-esteem.
- ◆ Foster the development of academic skills.
- ◆ Improve communication skills between peers and adults.
- ◆ Offer education on issues such as family problems, substance abuse, sexual abuse, and health-related issues.
- ◆ Present alternatives to delinquent behavior patterns.
- ◆ Provide recreational and expressive therapy opportunities.

## How Day Treatment Works

- ◆ Day Treatment bases goals on individual needs and consultations with the parents, school professionals, and other treatment providers.
- ◆ Treatment length is typically between 3 and 6 months depending on how quickly treatment goals are met. Aftercare is available and encouraged at the close of treatment.

- ◆ Day Treatment staff work closely with school professionals to improve the chances for a successful transition back to school.
- ◆ Family involvement increases the chance for success. Family therapy is a required component of the program.



## Hours of Operation

The Day Treatment program is offered Monday through Friday, year-round. The program can be flexible with the number of hours and specified days a youth attends.

Three units operate in the Green Bay area from 8:30 am to 2:00 pm.

- Adolescent age unit (ages 14-17)
- Middle school age unit (ages 10-13)
- Elementary school age unit (ages 7-9)

A fourth unit operates from 12:00 pm to 5:00 pm for children ages 9-14 who may be able to continue in school on a limited basis.

Day Treatment services are paid by private insurance or Medical Assistance.