



## Staff

The staff of the Sexual Abuse Treatment Program are trained Masters Degreeed professionals with years of experience working with sexual assault victims and their families. The program is certified by the State of Wisconsin.

## Cost

Fees for the treatment program are based on the client's ability to pay. Costs may be covered by Insurance and Medical Assistance. The program also receives funding from the United Way of Brown County.

## Contact Information

For more information about the Sexual Abuse Treatment Program, contact Family Services at 920-436-6800 in Green Bay or 920-739-4226 in the Fox Valley.

- State of Wisconsin AODA Outpatient and Mental Health Outpatient
- Council on Accreditation of Services for Families and Children
- State of Wisconsin Certified for Residential, Day Treatment, and Crisis Intervention

Supporting all people through life's challenges and transitions.



the counseling clinic  
Family Services

~ Sexual Abuse Treatment Program

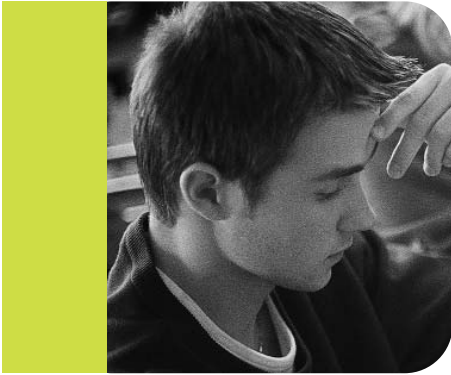


the counseling clinic  
Family Services

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Family Services of Northeast Wisconsin, Inc.  
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**Sexual abuse is an extensive and serious problem in our community and our society. It is a complex issue that affects many people in different ways:**

### **Victims**

Victims of sexual abuse struggle with the emotional pain, anger, and confusion that the abuse has caused. They need specialized help in recovering from this traumatic experience, learning that the abuse was not their fault, improving their self-esteem and protecting themselves from further victimization. Counseling can help them continue on the road towards healthy growth and development.

### **Families**

Sexual abuse of a child has devastating effects on the entire family. As an interdependent system, all family members are affected by other member's emotions and behavior. Therefore, recovery is always a therapeutic process for the entire family.

Parents, siblings, spouses/partners, or other family members can often benefit from and contribute to the therapeutic process of dealing with the sexual abuse. Families need to work together to heal wounds and restructure relationships to ensure a safe and healthy family atmosphere for the future.

### **Treatment Program**

Family Services' Sexual Abuse Treatment program addresses abuse including child and adult victims, adolescent and adult offenders, non-offending spouses, siblings, and adult survivors of past abuse. Specific components of the program may include:

- ◆ Individual therapy
- ◆ Play therapy
- ◆ Family and marital therapy
- ◆ Group therapy
- ◆ Consultation and coordination with community resources
- ◆ Diagnostic evaluation and assessment
- ◆ Psychiatric evaluation and consultation

**At Family Services, an individualized treatment plan is developed for each sexual abuse case to meet the specific needs of each victim, offender and family system.**

### **Program Goal**

Combinations of individual, family and group therapy may be utilized as determined most effective by the therapy team. Our goal is to treat the effects of sexual abuse and prevent its reoccurrence, while respecting and maintaining the integrity of the individual as well as the family.

### **Non-offending Parents**

Parents of children who have been sexually abused face their own confusion and pain. In addition to learning how to help their child through the healing process and how to ensure their future safety, non-offending parents must cope with their own shock, outrage, guilt, and other reactions.

### **Offenders**

Sexual abuse offenders may be dealt with in various ways by the legal system. However, punishment alone is not an effective deterrent in preventing sexually abusive behavior from reoccurring. Offenders require specialized therapy that will address their rehabilitative needs at various levels including emotional, cognitive, behavioral and familial. In addition to developing a sense of responsibility for the abuse, the offender must learn to restructure his or her life in ways that will ensure against future abusiveness.