



in-home counseling

Family Services

Supporting all people through
life's challenges and transitions.

~ Serving Northeast Wisconsin



in-home counseling

Family Services

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A United Way Member Agency



What is In-Home Counseling?

The In-Home Counseling program of Family Services provides intensive services to children, adolescents, and their families for the purposes of prevention, early intervention, and avoiding out-of-home placements. We help families face important issues in the familiar setting of their own home. We believe that families have the ability to grow and overcome difficulties. Therefore, we recognize and utilize the family's existing strengths and resources by involving the family as a partner in the decision-making and goal-setting process. Services include:

- ◆ Supporting parents to be in charge
- ◆ Establishing rules, rewards, and consequences
- ◆ Improving parent/child communication and interaction
- ◆ Developing parenting skills
- ◆ Addressing physical/sexual abuse
- ◆ Improving school attendance and other school issues
- ◆ Finding alternatives to delinquent behaviors such as gangs, violence, etc.
- ◆ Addressing blended and non-traditional family challenges
- ◆ Helping couples resolve conflicts
- ◆ Treating alcohol and other drug abuse issues
- ◆ Learning to control anger

Who are the Staff?

In-Home Counseling Services staff consists of highly-trained counselors. Psychiatrists and Psychologists are available to provide treatment as well as supervision. All shared information is held within the limits of confidentiality established by law.

How does the program work?

- ◆ Meetings are typically held in the home.
- ◆ Sessions are held with families in whatever combination of members are deemed important.
- ◆ The length of counseling is determined by how quickly the family's treatment goals are achieved. Desired results can typically be achieved within 6-8 weeks, with some issues taking longer.
- ◆ Treatment involves collaboration with other professionals (e.g. Human Services, schools, and other agencies) for the purposes of coordinating services to efficiently achieve set goals.



How do I participate?

Referrals to the In-Home program can be made through many community sources such as schools, hospitals, counseling agencies, the Department of Social Services, or the Department of Community Programs. Families who feel they may be eligible can also call directly.

In-Home Counseling services are funded through medical assistance, private insurance, or other resources. Medical Assistance and private insurance have specific requirements for involvement with In-Home Counseling. Please call to determine your family's eligibility.

Agency Accreditations

- State of Wisconsin AODA Outpatient and Mental Health Outpatient
- Council on Accreditation of Services for Families and Children
- State of Wisconsin Certified for Residential, Day Treatment, and Crisis Intervention