

Program Overview

Family Services Counseling Clinic provides comprehensive counseling services for individuals of any age, families, and/or groups on a variety of mental health issues such as marital and couple conflicts, low self-esteem, depression, anxiety, parent/child communication, divorce, health issues, career changes, substance abuse, and more. Our professional staff consists of certified therapists who have a master's degree and no less than two years post graduate training and/or certification to provide specialty services. Our therapists help people recognize problems and identify possible solutions or alternatives to live happier, more productive lives.

Who We Serve

Men, women, and children of any age throughout the Green Bay and Fox Cities areas.

2006: 23,621 hours of service provided to 3,397 individuals

A Story of Success

Jen is a 20-year-old woman who sought counseling because of anxiety issues related to her mother's drinking. She grew up in an alcoholic home where both of her parents drank. At age 7, her parents divorced and Jen stayed with her mother.

Jen was an only child and had limited contact with her father. As she grew older, she felt increasingly responsible for her mother's behavior. When her mother was unable to stop drinking, Jen's anxiety began to impact other areas of her life. She found herself not wanting to be around her mom and felt guilty for feeling this way.

In therapy, Jen's anxiety decreased as she realized she was not responsible for her mother, but only for herself. She was gradually able to separate herself emotionally from her mother and focus more on her own needs. Jen worked on saying "no" and setting limits with her mom.

Eventually, Jen felt able to move out of her mother's home. She realized how isolated she had become and started attending Al-Anon meetings for increased support and new friendships. She is still supportive when she can be, but has separated herself from her mother's destructive lifestyle and has been able to move ahead with her own life.

The Counseling Clinic has offices at 300 Crooks Street in Green Bay, 1810 Appleton Road in Menasha, and soon opening at 2945 Shawano Avenue in Howard.

The above story is an example of the type of children, individuals and families we serve. Names, ages, and other personal information have been changed to protect the client's confidentiality.

Family Services of Northeast Wisconsin, Inc.

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